

IC 4-15-13

Chapter 13. Wellness Programs

IC 4-15-13-1

"State agency" defined

Sec. 1. As used in this chapter, "state agency" has the meaning set forth in IC 4-15-1.8-1. However, the term includes the state police department.

As added by P.L.32-1989, SEC.2. Amended by P.L.24-1991, SEC.1.

IC 4-15-13-2

Powers of state agencies

Sec. 2. A state agency may:

- (1) develop a wellness program;
- (2) implement a wellness program; or
- (3) participate in an established wellness program;

for state employees on state property or elsewhere for the purposes described in section 3 of this chapter.

As added by P.L.32-1989, SEC.2.

IC 4-15-13-3

Purposes of program

Sec. 3. A wellness program may be conducted to do any of the following:

- (1) Reduce state employee:
 - (A) absenteeism;
 - (B) stress; or
 - (C) health insurance premium costs.
- (2) Assist a state employee to improve personal health by establishing a health plan that may include the following:
 - (A) Weight reduction.
 - (B) Smoking cessation.
 - (C) Fitness counseling.
- (3) Prevent drug or alcohol abuse by state employees.
- (4) Treat and rehabilitate state employees who abuse drugs or alcohol.

As added by P.L.32-1989, SEC.2.

IC 4-15-13-4

Permission for state employees to participate

Sec. 4. A state agency may permit a state employee to participate in a wellness program.

As added by P.L.32-1989, SEC.2.